The statistics speak for themselves: of our 650 MPs, 458 (70%) are men and only 192 are women. There are still more men in the Commons than there have ever been women MPs. The Lords has around 600 men and 200 women.

Women are more than half the population yet we are so under represented in our political life that give its 2016 this is a travesty, this is unjust, this is wrong.

I feel strongly that the world and our Parliament is losing out on the benefits that women bring to the table. For too long the world has been run by men and dominated by men we must seek equality in our political life and for our nation.

August 2016