E cigs create billows of vapour that nonsmokers have to inhale. No one knows for certain what chemicals are in this vapour (trade secrets). I have made several unsuccessful attempts to find out. On some internet sites that sell e cigs mail order, no ingredients at all are listed. I asked a company called Blu to tell me what chemicals are in the flavour/aroma and got the following response: "vegetable glycerine, propylene glycol, flavourings, water and nicotine is the ingredients. As for the flavouring I'm not able to find the exact ingredients used in the flavouring. I'm sorry about that." Millions of people around the world are reacting badly to chemicals, especially air freshener. Flavourings and Fragrance are all derived from chemicals. Here is a link that gives the legal definitions: http://www.reading.ac.uk/foodlaw/label/defs-flavours.htm

Many people have serious allergies to chemicals, including "Flavourings" and "Fragrance". The word "Fragrance" on a bottle of expensive perfume is just a placeholder for a cocktail of chemicals that may number over 100 (out of thousands that are available) that the manufacturers do not have to disclose. These chemicals are also used in cheap perfume, household cleaning products, laundry detergents and air freshener. They can have a negative impact on people with under-developed immune systems (such as babies and young children) and elderly people with damaged and weakened immunity systems as well as people like myself who have serious allergic reactions to them. My local H&M store was pumping out air freshener all over my local shopping precinct, using it as a way of advertising their store, as well as in the shop itself. This made me so ill that I couldn't go shopping. I complained to H&M. Their response was that the air freshener was hypoallergenic, which only means less likely to cause an allergic reaction, not that it won't. Eventually, I got in touch with Environmental Health and pointed out that the health of young and elderly people was being compromised. EH took this up with H&M and as H&M were totally unable to state what chemicals were in the air freshener EH told them to stop using it inside and outside of their store. These same chemicals are in e cigarettes. The law should be changed immediately to make smoking e cigs illegal wherever ordinary tobacco products are banned, for example in pubs, restaurants, clubs, public transport, workplaces etc. This is to protect the health of those of us who do not smoke and do not wish to inhale other peoples wholly unnatural vapor. There are quite a few discussions about this on the internet. There is a thread about smoking e cigs in enclosed public places on The Kings Lynn Forums, for instance, where people have witnessed vaping in both a theatre and a restaurant. The health and physical safety of staff also need to be considered. E cigs are banned in most of my local pubs but one mail order e cig site states that most pubs allow them. A drunk could enter a pub and take the view it isn't illegal to vape and things could become argumentative if staff ask for the e cig to be extinguished.

As a smoking cessation aid, they are unique in their ability to achieve 2 negative things, both guaranteed to keep people dependent upon smoking: First, to perpetuate and
reinforce the hand to mouth action of smoking that smokers miss. Only e cigs do this, all other forms of NRT help to break this habit. E cigs encourage this habitual action, making it more difficult for people to quit. This results in people coming off real cigarettes only to find themselves dependent upon e cigs. Secondly, people smoke them in enclosed spaces in social situations where real tobacco is banned. This helping to make smoking a "normal and acceptable" social activity again. It is a cycle of dependency that can only be broken when people stop associating smoking with certain activities, like being in a pub. E cigs reinforce the idea of smoking and socialising and reinforce the hand to mouth action of smoking. People who prefer to lead healthy lifestyles should not have to sit in an enclosed space and have someone blow chemicals all over them, polluting the atmosphere and causing disagreeable chemically-induced smells. I have enclosed a picture rom the Blu website that indicates that smoking ecigs in a bar is totally acceptable and normal.