The total number of members currently (July 2018) serving on committees in the bicameral National Diet of Japan is as follows:

- House of Representatives: 945 for 26 committees (17 Standing Committees and 9 Special Committees). (The number of House Members is 465)
- House of Councillors: 592 for 24 committees (17 Standing Committees and 7 Special Committees). (The number of House Members is 242)

On average, a Member needs to belong to at least two committees.

The National Diet committees do not undertake post-legislative scrutiny.

July 2018