Claimants in employment who are off work sick for more than 4 weeks will usually be referred by their employer or health care professional to occupational health professionals for health and work advice and a fitness for work assessment.

Claimants in the Intensive Work Search Regime should be encouraged to maintain active contact with their employer or health care professional at this time.

Employees can agree to a Return to Work Plan. This may include a timetable for returning to work, if appropriate.

Claimants with a Return to Work Plan (RtWP) may choose to share its content in agreeing their commitments. The RtWP has the same status as a SoFFW.

The RtWP can be used as medical evidence in place of a SoFFW. If it is being used for that purpose the claimant would need to share it at the point that evidence is required.