

## Job Goals

If the claimant does not have a [Permitted Period](#) they are required to look for and take any job that they are capable of doing that pays the [National Minimum Wage](#) or above. However, a claimant's job goals must be clear in order to focus effective work search on the job or jobs that they are most suited to or most capable of doing.

Claimants must not restrict their job search to just work they would like to do. Looking for any job and accepting the first job offered, will help the claimant back into work or find more work as quickly as possible. Once the claimant is in paid work they can continue to look for their preferred job if they wish to do so.

Claimants should have job expectations that are realistic and achievable. Factors to be taken into account in that consideration include:

- whether the claimant can do the job – taking into account any relevant qualifications, experience, skills, or other capabilities
- whether the claimant has the capacity to work - taking into account things like health issues or caring responsibilities that might make it difficult to get a job, increase work and retain the job
- wage expectations – the claimant must look for work that pays at least the National Minimum Wage / National Living Wage
- the local labour market – considering what jobs are available within that area (if the work the claimant is looking for is not available within the claimant's travel to work area, the job requirement is not realistic)

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